

## Mini Tennis Programme

- West Middlesex has been accredited as a Mini Tennis Centre Mini Tennis is the LTA initiative launched in the summer of 2001 and work closely with the LTA.
- It provides 3 stages for juniors to progress through with various court sizes and modified equipment to suit age and ability including four official mini tennis red courts.
- The emphasis is on developing hand-eye coordination, movement, and racket skills together with learning the shots to play the game.
- Information about all suggested Mini Tennis Red, Orange and Green tournaments will be displayed on the junior notice board in the clubhouse. If you have any queries please talk with one of the coaches.

## Full Court Tennis Programme

- Emphasis is on developing hand-eye coordination, movement, footwork and racket skills together with the technical and tactical aspects of the game of tennis.

Information about all suggested tournaments all abilities will be displayed on the junior notice board in the clubhouse.

If you have any queries please don't hesitate to talk to one of the coaches.

## Adult Coaching Available

- Lessons for adults from beginners through to team players available - check website for details [www.westmiddlesexlta.co.uk](http://www.westmiddlesexlta.co.uk)

# West Middlesex LTC

LTA Mini Tennis Accredited Centre

## Junior Tennis Courses

### Spring Term 2010

11 week term

Monday 11<sup>th</sup> January – Thursday 1<sup>st</sup> April

Excluding week 14<sup>th</sup> – 21<sup>st</sup> February

To play at West Middlesex you must be a member.



**The coaching staff at WMLTC look forward to seeing you on court soon. The coaches involved in the programme are:**

- Adam Currie LTA CCA qualified
- Daniel Sullivan LTA DCA qualified
- Edward Weekes LTA CCA qualified
- David James LTA Level 3 qualified

**We are now proud to be a Clubmark accredited tennis club!**

All our coaches are LTA licensed, fully insured CRB checked and regularly attending LTA courses to update their skills and knowledge.

**How to get in contact with us:**

**Office with answer machine: 0208 998 3297**

**Adam – Tennis Director 07783 612842**

**Email: [info@westmiddlesexlta.co.uk](mailto:info@westmiddlesexlta.co.uk)**

**Website: [www.westmiddlesexlta.co.uk](http://www.westmiddlesexlta.co.uk)**

